

# 5 Villages Alive

Volume 20 Issue 7



July 2023

## Dealing with the unexpected .....

We've been to two weddings recently; one was our daughter's. Wonderful days. Both events went off brilliantly, although I guess I was more involved in our daughter's ceremony than the one at which we were guests.

The planning! Wow! Lists, spreadsheets, emails, notices on pin boards,..... Don't get me wrong; they were very necessary. They all added to the smooth running on the day. The weather wasn't on those lists but luckily it was fantastic. Everything went exactly as planned. People we hadn't seen for ages were given a hug. People we'd never met were given a hug. What a day! Lots of pictures taken on the day, and now the official ones have turned up with a chance to re-live all those smiles. What I really enjoyed at both weddings were the unplanned bits. Watching our 5 year old granddaughter helping her mum (the bride) take her wellies off (don't ask!) and helping her put on her fancy wedding shoes; the smiles as everyone turned to look at the bride walking up the aisle, meeting former pupils not seen since Primary school, a friend stepping in to act as a taxi driver, I could go on.

We plan so many things in life but the unexpected has a knack of not only surprising us, but catching us out. Sometimes that's great; sometimes it's not so good. We can't plan for everything. Luckily on those days the unexpected was brilliant; it often is.



We're lucky to have a lovely garden and take great pleasure in it. We plan the flowers and vegetables each year but sometimes it's the unexpected plants that give us a lot of pleasure. For years I've been trying to get yellow rattle, a pretty plant that weakens grass by parasitizing it, to grow in a wild area of our place. I tried planting little seedlings that I'd carefully sown; nothing. I tried scouring the ground and sowing direct; blank. I even got it going in a seed tray but then it died. Today I realised it's suddenly established itself among the grass. Where did that come from? It brought a smile to my face. Another case of the unexpected surprising me.

Take pleasure in your plans but really enjoy the unplanned and unexpected. They can bring real pleasure in an uncertain world.

*Fen Marshall*



There's always  
a reason to  
smile .... find it!



## THORNBURY CHORAL SOCIETY ENDS THE SEASON ON A HIGH NOTE

The Choral Society's 2022/23 season ended on a high with a very successful concert at St. Mary's Church on May 13<sup>th</sup>. We had a large and enthusiastic audience who enjoyed an evening of music to celebrate the Coronation.

The choir were also involved in the "Sing for the King" event which took place in Bristol Cathedral. A massed choir of 650 voices joined together to sing Handel's "Zadok the Priest", to celebrate the Coronation of Charles III and the 650<sup>th</sup> anniversary of the founding of the City of Bristol. Not only did the Choral Society sing "Zadok the Priest" but we were one of only three other choirs to be asked to perform another of Handel's Coronation Anthems, "The King Shall Rejoice". The entire programme was recorded, and a copy will be sent to the King in due course.

We are now enjoying our summer break but resume rehearsals on Monday September 4<sup>th</sup> at 8.00pm at the United Reformed Church. Our next concert is on Saturday November 25<sup>th</sup> at St Mary's Church, Thornbury. The programmer will include "A German Requiem" by Brahms and pieces by Mendelssohn.

We are always delighted to welcome new singers and feel sure that with so many new residents moving into the locality, there must be some enthusiastic choral singers amongst them.

Do come along and join us!

## "Ready, Steady, Sow and Grow"

at Thornbury Library

**Saturday 22<sup>nd</sup> July**  
**10am - 12 noon**

with Thornbury Horticultural Society

**Come and sow some seeds, take them home and watch them grow!!!!**



## CREAM TEAS at ST LEONARD'S, TORTWORTH

**SUNDAY 23rd JULY**  
**2.30 - 4.30pm**

Please come and join us.



## ASHWORTHY CATTERY

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We are a family run business dedicated to providing the perfect environment for your cats to stay.

Set in a quiet, secluded countryside residence, this newly-built cattery has been constructed to the highest standards and is fully licensed by South Gloucestershire Council.

For all enquires please contact Nicola on 07799805996

## TYTHERINGTON & ITCHINGTON PARISH COUNCIL

The new Tytherington & Itchington Parish Council met for the first time on Monday 5<sup>th</sup> June, and although quorate, do need 3 more councillors to join the Council. Cllrs Lipton, Daly and Johnson have stayed on the Council for a further term of 4 years and have been joined by Cllr Gordon, a new resident of Tytherington & Itchington Parish. There will be an item on the agenda on the next Parish Council meeting to be held on the 10<sup>th</sup> July to co-opt anyone from the Parish who would like to join the above Councillors in making Tytherington & Itchington a great place to live. So, if you feel like joining, please come along to the next meeting and volunteer your time and efforts for the next 4 years. If you have any questions, please contact the Clerk at [clerk@tytherington-pc.gov.uk](mailto:clerk@tytherington-pc.gov.uk). For your information Cllr Lipton is the new Chair of the Council and Cllr Daly the Vice Chair.

The hedgehog drawing competition was a great success and congratulations to the winners who were announced at the May Day fair. It was great to see the May Day fair back on the calendar and congratulations to all those who helped make it such a resounding success. A swallow tower has now been installed on one of the eaves of the Village Hall and we look forward to having the swallows nest in the boxes provided over the next few years.

Following on from the circulation of the VAS data and also the data compiled from the cables across Stowell Hill Road to the Police and South Glos Officers, the Parish Council have asked our Ward Councillors to support the next step which is to ask them to support a transport scheme which they are happy to do. The Parish Council now needs to consider what form of traffic calming they would like to request. All submissions are assessed by officers who then select the highest scoring schemes for further investigation in the next financial year. It's essential that the Parish Council and parishioners narrow down the various options to something that would be broadly supported within the village. Discussions will be taking place with our Ward Councillors as soon as possible. From reading the speed data it seems the highest speeds are coming into the village down Stowell Hill Road and up Duck Street with 99% of the traffic in the middle stretch of the village being below the enforceable threshold. Therefore, it seems sensible for the Parish Council to focus upon what measures they would like to see at either end of the village. If anyone has any suggestions they would like to put forward for discussion please again let the Clerk know at [clerk@tytherington-pc.gov.uk](mailto:clerk@tytherington-pc.gov.uk).

The Parish Council have been in contact with Cotswold Homes and Henrietta Armstrong, the architect who has produced a sculpture to be sited in the vicinity of Walnut Fields. Both parties have assured the Parish Council that all residents will be invited to both occasions.

### CANCER CHARITIES AIDED BY "CALENDAR GIRLS"

- **"Calendar Girls"** at Rangeworthy Village Hall 21 to 23 September is being performed by amateur group Collaborative Productions as a fund raiser for BUST and Blood Cancer UK.
- **BUST** supports the breast care centre at Southmead Hospital by raising funds to provide the unit with state-of-the-art equipment to aid and speed up diagnosis and treatment of breast cancer.
- **Blood Cancer UK** (formerly Leukaemia Research Fund) funds world-class research into all blood cancers including leukaemia, lymphoma and myeloma to help transform treatments.



"Calendar Girls" is based on the true story of a group of friends from a Yorkshire WI who persuaded one another to pose for a charity calendar with a difference! The WI ladies joined forces to raise funds when one of their husbands died of a form of blood cancer, wherein lies our link to Blood Cancer UK, and similarly the local breast cancer charity BUST.

Suitable for 16+, there are three performances 7.30pm and Saturday matinee 2.30pm. **Tickets on sale 1 July £12 and £10 (concessions), group bookings 10+ get a free ticket.**

**Book online** [www.ticketsource.co.uk/collaborative-productions](http://www.ticketsource.co.uk/collaborative-productions) or ring TicketSource 0333 666 3366 (for additional £2 fee plus regular 7% booking fee). Walk-in cash bookings at Rose & Crown, Rangeworthy.



## LEGO CLUB at Thornbury Library

Listen to a story or some poems, then create your own LEGO masterpieces and display them in the library for your family and friends to see.

**FREE Every Saturday 9.30am  
no booking required**

## Coffee, Cake & Chat

**FALFIELD VILLAGE HALL**

**SATURDAY 29th JULY**

**10.00am - 12 noon**

Please come to Jill Bailey's

## Open Garden

at 'Tanglewood',  
Cowship Lane, Cromhall,  
GL12 8AY

**Sun 23rd July  
2.00 - 6.00pm**

Refreshments available

Proceeds to  
RNLI & Alzheimer's  
Please come, rain or  
shine



## TALK TO US



The next date and time for the Police Neighbourhood Surgery in Falfield village hall is:

**Tues 22nd August – 9am – 10am**

# Tat3

will meet on



**Wed July 12<sup>th</sup> July**

at 3pm in Cromhall Village Hall  
when there will be a  
visit from 'Age UK'



All senior citizens living in and around Cromhall  
are welcome.



*The Summer Reading Challenge is back  
and better than ever!!!!*

## "Ready, Set, Read"

This year's Summer Reading Challenge  
launches on  
8<sup>th</sup> July and continues until 9<sup>th</sup> Sept  
[for all primary age children](#)

Read six books over the holidays and earn  
yourself a medal.

And look out for wonderful activities  
throughout the holidays

Enjoy a free hot drink in Thornbury Library  
Available Mon, Wed, Thurs, Fri  
9.30am-4.00pm

Use the computers or use your own  
iPad, phone etc. (wifi available).  
Read a book, a newspaper, browse  
the shelves, enjoy a communal  
puzzle or just relax.



## Local peace of mind service – Wills and Lasting Powers of Attorney

Death and dementia are upsetting issues to think about, yet you know you need to see a law firm to make sure your legal affairs are properly sorted to protect those you care about.

Our local legal experts in this area of law are Simpson Solicitors and they offer our readers:-

- A friendly service when you phone to find out about booking a FREE meeting on **01454 412 278**.
- Feel welcome and wanted when you go to see them at the Plain in Thornbury in the same building as The Coventry.
- Put you at ease as they guide you through your various options for making a Will to provide for those you most care about.
- An understanding service, whether your concerns are guardians for young children or protecting against care home fees.
- Use of plain English (not legal jargon).
- Help deciding the best options for you in the event you lost the ability to manage without support by setting up our Lasting Powers of Attorney.
- Take as long as you need when are having your FREE review meeting.
- Home or Hospital Visit service if getting to the office is difficult - at no extra charge
- Give you clear fixed prices with no hidden costs if you decide to instruct them.
- Help you make changes – so everything works in the way that is right for you.
- See you to sign your Will and LPAs – to make sure everything is legally valid.
- Provide a complementary after-care service that leaves you feeling cared for.

It all adds up to a service that leaves their clients with peace of mind. And they currently have a **special offer of 20% off** the price of LPAs for our readers.



## Free Will Review

Book your **FREE MEETING** at our **Thornbury Office**

### Ensure your family and loved ones are protected and your assets pass to those you choose to inherit.

Simpson Solicitor's award winning team will help you do the job properly, protecting those you most care about with **Wills** and **Powers of Attorney**. At the FREE review meeting we'll take as long as you need to consider what is best for your personal circumstances. We offer clear fixed prices with no hidden costs.

**On your own** - Your Will is how you decide who will inherit from you

**Living Together** - Mitigate disputes and provide for your partner in the way you want

**Parent Wills** - In case the worst happened, provide for children under 18 and decide who you would want to raise them

**Later Life Wills** - Protect your family's inheritance from Care Home fees and Tax

**Lasting Powers of Attorney** - Ensure your wishes are followed by appointment of those you trust, in case of serious injury or illness.



"We were made to feel very welcome and cared for" H.L.

"You have lifted a great weight off our shoulders" C.R.



Call us today or drop in to our **Thornbury Office** 12 The Plain, Thornbury, BS35 2BE.

If getting to us is difficult, our **FREE Home Visit** service covers all of South Gloucestershire including Cromhall, Falfield, Rockhampton, Tortworth and Tytherington.

[www.simpsonsolicitors.com](http://www.simpsonsolicitors.com) | 01454 412 278 | [message@simpsonslawuk.com](mailto:message@simpsonslawuk.com)





## Falfield Stores makes donations to local groups

Lucky local groups have benefited from a win by Falfield Stores in a trade competition run by PepsiCo International, owners of Walkers crisps, for a chance to win 1 of 5 prizes of £2,000 to be used in the shop's local community.

Owners of the store, Adrian and Ann Shackell, said, "We were surprised and delighted to win the prize and are pleased to be able to help support organisations in local communities, many of which involve our customers."

Recipients have included:

- 5 Alive magazine £200
- Tortworth School £200
- Falfield Scouts £200
- Falfield and Stone Brownies £200
- Falfield village (purchase of a bench for village green) £280
- St George's Church, Falfield (for equipment) £200
- Stone Village School £100
- Stone Village Playgroup £100
- Sharpness Playgroup (for equipment) £100
- One Big Family (for local families in need) £100
- All Saints' Church, Stone, £200 (help with finance for heating repairs)

A representative of one of the groups said, "Falfield Stores and Post Office are a huge asset to our local community and we appreciate all that Adrian and Ann do to support it."

### ST ANDREW'S CHURCH, CROMHALL 100 CLUB RESULTS MAY

**£30** YVONNE KERSHAW  
**£20** ALAN BENNETT,  
**£10** CLAIRE JAGGARD



Congratulations to all the winners and thank you for supporting St Andrew's. The next draw will be in Cromhall Community Shop At 11am on Friday 25th August 2023.




## Saturday 22nd July

### 11am-1pm

## ROCKHAMPTON VILLAGE HALL

## Live Music from the Park Row Five Jazz band

### In aid of Southmead Hospital

### Find us on facebook





Sharing the Caring

### ST PETER'S HOSPICE GARDEN PARTY at Grove House, The Street, Alveston (BS35 3SX)

**Sunday 16th July  
2.30pm – 5.00pm**

(by kind permission of Geoff and Carol).

**Entrance: £5.00**

(includes tea and cake)

Raffle Books

*Bring a picnic chair, and listen to the music of Panache Steel Band, and enjoy the gardens.*

***Please come and support  
St Peter's, your local hospice.***

### Computer Support 1-1 at Thornbury Library

Book a session with our computer volunteer for IT and digital support

**Every Thursday 9.30am, 10.30am, 11.30am**

St. Andrew's, Cromhall



St. Leonard's, Tortworth



St. Oswald's, Rockhampton



St. James', Tytherington



St. George's, Falfield



## Church services and information

A reminder that the five parishes of the former benefice are now separate entities. There is no longer a benefice office or a central point of contact. This means that the churchwardens of each church need to be contacted directly.

**Cromhall:** Ann Greenhalgh 01454 294200  
**Falfield:** Headley Pain 01454 269017 or  
 Sian Hogg 07986699986/sianhogg@gmx.com  
**Rockhampton:** Liz Cullimore 01454 412208  
**Tortworth:** Hilary Legg 01454 413234 or  
 Fen Marshall 01454 260821  
**Tytherington:** John Williams 01454 412515 or  
 Phil Coward 01454 281444

If they are unavailable, please try one of the other Wardens who will try to help you. Please bear in mind they do have other lives and may not be available instantly. However, leave a message and they will deal with it as soon as they can. Failing that, contact **Rev. Graham Stacey, the Area Dean on graham@stbarts-camandcoaley.org.uk or Tel. 01453 709859**

### Cromhall

Sun 9th 10.00am Holy Communion led by Rev'd David Powe  
 Sun 16th 10.00am Morning Prayer  
**Sun 30<sup>th</sup> 10.30am United Service Holy Communion & Baptism**

### Falfield

Sun 2nd 3.30pm Café Church  
 Sun 9th 10.30am Holy Communion  
 Sun 16th 10.30am Morning Prayer  
 Sun 23rd 10.30am ROCKHAMPTON  
 Sun 30th 10.30am United Holy Communion at Cromhall

### Rockhampton

Sun 23rd 10.30am Holy communion with Rev. Rob Axford

### Tortworth

Sun 2<sup>nd</sup> 10.30am Holy Communion with Rev Frances Wookey  
 Sun 16<sup>th</sup> (Our 3<sup>rd</sup> Sunday event) Baptism with Rev'd. Jenny D'Esterre  
 Sun 23<sup>rd</sup> Cream Teas from 2.30 until 4.30 pm.  
 Sun 6<sup>th</sup> August. 10.30 a.m. Holy Communion

### Tytherington

Sun 2nd 10.30am Joint service at the Baptist church  
 Thurs 6<sup>th</sup> 9.30am Said Communion  
**\*\*Sun 23<sup>rd</sup> 10.30am Holy Communion with Rev Lesley Hewish**  
**\*\*NOTE FOURTH SUNDAY, NEAREST TO ST JAMES' DAY**

## Progress of Garden of Remembrance at St George's, Falfield



In June we made quite a lot of progress in creating the Garden of Remembrance within the churchyard of St George's Church, Falfield. With thanks to our friends at Eastwood Park Garden

Centre we planted 78 box trees to create the hedge around the garden. The memorial stone is ordered too and we will keep you updated about progress. Once the garden is finished, we hope to arrange a dedication service.

## Thornbury Art Club Summer Exhibition 2023

Thornbury Methodist Church Hall, Castle Court, BS35 2BQ)

### Sat July 22nd - Sun July 30th inclusive

Mon to Sat 10:00 - 18:00hrs; Sun 14:00 - 16:00hrs  
 Free entry. Everyone welcome. For more details contact Fiona Foyer [fionafoyer1@gmail.com](mailto:fionafoyer1@gmail.com)

### Have You Read...?"

#### A book group for everyone

Come and enjoy an open book group with a difference No set novel to read. Just drop in for an hour for refreshments and a chat

**Friday 7<sup>th</sup> July 2pm - 3pm**

## Westlink Bus Service

### On-demand, tailor made trips in the West of England area

**WESTlink** is a new type of bus service which operates in the vast majority of the West of England, outside of Bristol and Bath city centres. It runs without a fixed timetable or route and is booked 'on demand' by users through the **WESTlink** app or by phone.

Passengers can get on or off at existing bus stops (over 1,800) as well as at a number of easy to reach places, and then connect to major bus and rail services.

There are approximately 30 buses running across the region, which can take up to 16 passengers each. These will operate within 3 zones, North, South and the Future Transport Zone



pilot (journeys are limited to within each zone, except for shared areas).

The North Zone, of which the 5 villages are a part, covers roughly the following areas:

(Please note this list is for reference only. Always refer to the map, apps or customer advisors to confirm your journey will be within the zone.)

#### Bath and North East Somerset wards:

Bathavon North (partially, eastern areas excluded), Keynsham East (fully), Keynsham North (partially, western areas excluded), Keynsham South (fully)

#### South Gloucestershire wards:

Bitton & Oldland Common (the majority, with some exceptions), Boyd Vale (fully), Charfield (fully), Chipping Sodbury & Cotswold Edge (fully), Dodington (fully), Frampton Cotterell (fully), Longwell Green (partially, southern area only), Parkwall & Warmley (partially, northern area only), Pilning & Severn Beach (partially, northern area boundary with Severn Vale only), Severn Vale (fully), Thornbury (fully), Winterbourne (partially, south-western corner excluded), Yate Central (fully), Yate North (fully)

### Fares & pricing

- Only single fares are currently available at £2 for adults and £1 for children. Young children that are able to sit on an paying adult's lap travel for free.
- All concessionary and older person's bus passes will be accepted from 9am Monday to Friday and all day Saturday, Sunday and Public holidays.
- Booking is available via a mobile app, website or on the phone. Journeys can be booked on-demand or on the day before travel from 07:00.
- You can book multiple journeys, which means you can book your return journey just after booking your first journey.

For more details go to Home - WESTlink ([travelwest.info](http://travelwest.info))

### Ukrainian Storytime at Thornbury Library

**Mondays at 4pm**



Please tell your Ukrainian family, friends, and colleagues, about Zoya, a Ukrainian teacher, who will be in the library every

Monday at 4pm to share stories, reading, etc, from the Ukraine

### Get help from Thornbury CAB

**Town Hall, Thornbury.**

**Tuesdays 10am - 12 noon**

No appointment needed

For free independent, confidential advice given on a wide range of subjects from housing to relationships, benefit entitlement and debt.

Ring 0808 278 7947 or  
[www.southgloscab.org.uk](http://www.southgloscab.org.uk)





## TYTHERINGTON BAPTIST CHURCH

PASTOR - BRIAN ALLEN

FOR FURTHER DETAILS OF ANY OF OUR SERVICES/ACTIVITIES, PLEASE CONTACT  
Brian on 0117 9 793104 or e-mail: [allenbroncksea@blueyonder.co.uk](mailto:allenbroncksea@blueyonder.co.uk)

2 <sup>nd</sup>	Joint Service at Chapel [Psalm 46]	Brian
9 <sup>th</sup>	[Psalm 1]*	Brian
16 <sup>th</sup>	Philip (1)' [Acts 8:1 – 8]	Brian
23 <sup>rd</sup>	'Philip (2)' [Acts 8:26 - 40]	Brian
30 <sup>th</sup>	'Saul (1)' [Acts 9:1 – 19]	

\*Service includes Holy Communion

All services commence at 10:30 a.m. (Unless otherwise stated)

*Everyone welcome*

FALFIELD WEATHER RECORDS MAY 2023			
	High	Low	Average
Temperature	22.2 °C	2.8 °C	14.0 °C
Dew Point	15.7 °C	-8.1 °C	9.3 °C
Humidity	99 %	14 %	77 %
Precipitation	37.08 mm	Year to Date	392.69
Wettest Day	Monday 8th May - 16.00 mm		
Wind direction	South South East		
Pressure	1,035.90 hPa	1,011.85 hPa	
PREVIOUS YEARS			
RAINFALL	2020	2021	2022
MAY	5.08 mm	101.61 mm	66.03 mm



### Falfield WI News

Our picnic meeting this year was held in a friend's garden.

A good group of members attended bringing their own chairs and a plate of food to share. A short meeting was held with news of events and the birthdays for the month. There will be a walk on the 12th July and any member wanting details, nearer the time, should contact a member of the committee.

After supper there was a quiz around the garden. 20 questions to stretch the little grey cells. There was also a walk to visit the church of St James where printed cards gave details of the history of the church as well as some history of the village. It is well worth a visit.

Next month's meeting will include a talk by Mark Rutterford entitled Three Stories.



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Thank you for donations towards our printing costs from: Tytherington M & M Committee.



*Donations are always welcome, particularly from those organisations which use this magazine to publicise their events.*

We prefer payments by BACS (Account Name: Benefice Newsletter Bank Sort Code:55-61-38 Account No: 72008733 Reference: Your name to allow us to identify the payment.)

*Regular donations may also be made by standing order.*

For further details please contact our Treasurer, Mr Geoff Crosthwaite telephone 01454 294140

Email: geoffrey.crosthwaite@outlook.com or write to him at The Barn, Townwell, Cromhall, Wotton-Under-Edge, GL12 8AQ.

Cheques, payable to **Benefice Newsletter**, may also be sent to our treasurer or the editor.



### View 5 Alive online

Remember that 5 Alive is available online at [www.falfield.org.uk](http://www.falfield.org.uk), <https://cromhall.com/cromhall/st-andrews-church> and [www.tytherington-pc.gov.uk](http://www.tytherington-pc.gov.uk)

## TYTHERINGTON BAPTIST CHURCH

AFTERNOON TEA  
2:30 – 4:00pm

THURSDAY 6<sup>th</sup> JULY, \*

**\*Please note the change of day (for this month only).**

in the Schoolroom at rear of chapel

*Everyone welcome.*



Come see us on Thornbury High Street

- ❖ Information and Advice Centre / Phone line
- ❖ FREE Digital Inclusion Training Sessions
- ❖ FREE Supported Walking Service
- ❖ FREE Befriending & Reconnect Service

**\*\*NEW ACTIVITY DAY CENTRE OPEN AT TURBERRIES IN THORNBURY\*\***

#### Volunteers Needed

For befriending, walking and digital services – if you can spare a hour each week please contact us.

Call us on **01454 411707** to discuss all our services  
Email: [info@ageuksouthglos.org.uk](mailto:info@ageuksouthglos.org.uk)

67 High Street, Thornbury, Bristol, BS35 2AW  
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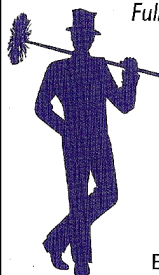


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[beech.jobs@bristolcarehomes.co.uk](mailto:beech.jobs@bristolcarehomes.co.uk)

**Contact Sarah, our HR Manager**



**CLinC**  
Charity No. 1106904

## SUMMER SUPPER EVENING

**Saturday July 8<sup>th</sup>**

**7.00pm in Cromhall Village Hall**



Come and hear about our trip to Zambia in May this year,  
visiting St Mark's and St Anne's Community schools.

**Raffle - Quilt Draw - Bring your own drinks**  
(tea & coffee provided)

**Tickets £15 from Cromhall Village Shop**  
**01454 299335**

All profits towards the work of CLinC



### Banana Jam

*Banana jam is easy to make  
and quite delicious. It also  
makes for a great banana top-  
ping for waffles or ice cream.*

#### Ingredients:

- Bananas
- 1 pint apple juice to each pound of sliced bananas
- ½ lb preserving sugar
- Lemon juice

#### Method:

- Peel the bananas, slice, and weigh them.
- Put the apple juice and sugar, in the above-mentioned proportions, into a preserving pan, add the juice of one lemon and bring to the boil.
- Stir until the sugar has dissolved, then add the bananas.
- Stir until it boils, then cook gently until the mixture becomes thick.
- Skim frequently and bottle.
- Cover whilst hot.

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The Bungalow, Moorslade, Falfield. Tel:01454 260364 Email [kay.rea@btinternet.com](mailto:kay.rea@btinternet.com)

## TREE SURGERY

All types of tree work undertaken

Our services include:  
tree reduction, thinning, bracing,  
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Fully qualified & insured  
Free quotations

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**“Sight Support West of England  
drop in”**

**at Thornbury Library**

Support and advice for people with  
visual impairments.

**Monday 17th July 10am - 1pm**



## MD Aerials

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All types of aerial and satellite work undertaken including:



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- Additional room feeds
- TV wall mounting
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*Full and part-time childcare*

*Open 51 wks/yr 8:00am 'til 6:00pm*

*Large indoor and outdoor play space*

*Home-cooked organic food Qualified, caring staff*

*Fun themed room Nursery Education Grant funded*

*All Childcare Vouchers accepted*



Please contact us for further information  
Alveston Charfield  
Tel: 01454 419419 Tel: 01454 269500  
[www.ncnltld.co.uk](http://www.ncnltld.co.uk)  
[info@ncnltld.co.uk](mailto:info@ncnltld.co.uk)

# Askath

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**Tel: 07870 842685**

**email: [kathbryant@yahoo.co.uk](mailto:kathbryant@yahoo.co.uk)**

## New respite day care centres service announced....

Autumn Years Community Care recently announced that they had opened two new Respite Day Centres with further centres planned to open over the coming weeks.

A centre opened on 4th May at the Ridgewood Community Centre in Yate and a centre at Tumberries in Thornbury also opened later in the same month. Further centres are planned for Stoke Gifford, Lawrence Weston and Winterbourne.

The respite day centres offer a safe and compassionate environment where people can enjoy good company and participate in fun activities with lots of laughter along the way.

Autumn Years Director Victoria Irish said, *"Our respite centres are a haven for anyone living with dementia or living in isolation. They are a place where someone can enjoy a stimulating and fun-filled time while their loved ones take a much-needed break."*

The Respite Centres run every week throughout the year and activities are designed around each individual's interests and capabilities to ensure that they make the most of every minute.

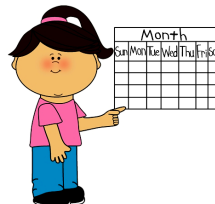
Victoria continued, *"We are very aware of the impact that loneliness can have on a person's health, so our focus will always be on helping our clients to*

*improve their physical and mental wellbeing, reduce their anxiety and stress levels and maintain their independence and quality of life."*

For full details of the services provided by Autumn Years Community Care visit:

[www.autumnyearscommunitycare.com](http://www.autumnyearscommunitycare.com)

## TYTHERINGTON CALENDAR 2024



If you have any photos, drawings or artwork of in and around Tytherington that you would like to submit for inclusion in the calendar, please send them to Mike Brown.

Big file size is best so for preference, please put them on a memory stick which you can leave in an envelope at the village shop.

Your memory stick will be returned. Also please ensure that it is in Landscape format.

If sending by email please send singly to

[mbrown.dsuch@care4free.net](mailto:mbrown.dsuch@care4free.net)

**Closing date will be  
SATURDAY AUGUST 26<sup>th</sup>**

**Autumn Years**  
Community Care Ltd



**NEW**

**RESPITE DAY CENTRES**  
*Respite*

Mondays - Fridays

Yate, Thornbury, Stoke Gifford & Lawrence Weston

**RESPITE FRIENDSHIP SERVICE**

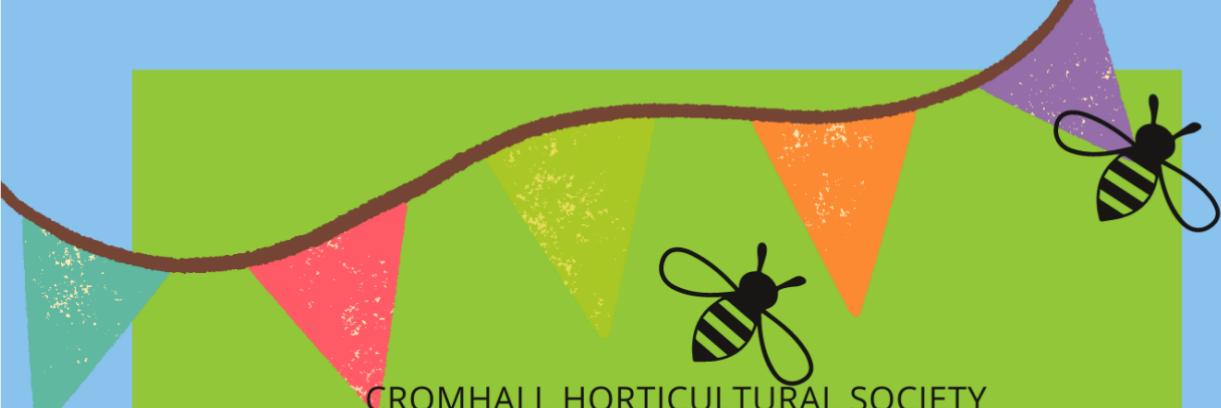
HOME HELP. RESPITE.  
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[www.autumnyearscommunitycare.co](http://www.autumnyearscommunitycare.co)

- Pottery
- Trips out
- Games
- Live entertainment
- Arts & crafts
- Animal therapy.
- Chair based exercises
- Gardening

**2 Course  
Hot lunch  
Provided**



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**75th ANNUAL**  
**CROMHALL**  
**FLOWER SHOW**  
**& VILLAGE FAYRE**

**SATURDAY 2nd SEPTEMBER 2023**

**FROM 2.00PM • SCHOOL PLAYING FIELD • CROMHALL**

**BEER TENT • BBQ • SKITTLES • BOUNCY CASTLE  
CRAFT STALLS • ICE CREAM • VINTAGE  
TRACTORS VINTAGE CARS • FUN AUCTION •  
RAFFLE TOMBOLA • TEAS & REFRESHMENTS  
COCONUT SHY • DODINGTON BAND • DOG  
SHOW ... AND MUCH MORE**

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**CROMHALL.COM/FLOWERSHOW** or  
hard copies at the village shop





## CROMHALL CHAPEL

Registered Charity No: 1179269

**Welcomes You!**



**Tel: Simon Carey (Pastor – Elder) 07824 804305**

**Email: [simoncromhallchapel@gmail.com](mailto:simoncromhallchapel@gmail.com)**

All our sermons are available on the website: [WWW.CROMHALLCHAPEL.ORG](http://WWW.CROMHALLCHAPEL.ORG)



Join us as we worship the Lord each Sunday, followed by refreshments.

2 <sup>nd</sup>	(10.30am) Simon Carey	(6.30pm) Mervyn Douglas
9 <sup>th</sup>	(10.30am) David Frampton	(6.30pm) Damon Ujvarosy
16 <sup>th</sup>	(10.30am) Simon Carey	(6.30pm) Simon Carey
23 <sup>rd</sup>	(10.30am) Damon Ujvarosy	(6.30pm) Mike Ogborne
30 <sup>th</sup>	(10.30am) Simon Carey	(6.30pm) David Frampton

**Wednesdays at 7.30pm:** 5<sup>th</sup> and 19<sup>th</sup> we meet in various homes in the area. 12<sup>th</sup> we have Bible Study and Prayer in the chapel hall and on zoom. 26<sup>th</sup> Members' Meeting.

**Tuesday half hour of prayer (on zoom):** 4<sup>th</sup> and 18<sup>th</sup> at 7.00pm 11<sup>th</sup> and 25<sup>th</sup> at 9.30 am

**Cromhall Crafters:** Tuesday 11<sup>th</sup> at 7.00pm. Join a friendly group of ladies to work on your own craft while we chat and enjoy a cup of tea.

**Townwell Tots:** Thursday 6<sup>th</sup> from 10.15am - 12.00. This is a free stay and play for parents/carers and their babies and pre-school children. It's a great place to meet others in the community. Enjoy coffee and cake while the children play with a wide range of toys. We finish with a time of singing and a Bible story aimed at the very young.

Verse of the year for 2023: For I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes...as it is written: "The righteous will live by faith."

*Romans 1:16 and 17*



### Rhymetime at Thornbury Library

Rhymes and songs for parents  
and babies/toddlers to enjoy  
together,

FREE Every Monday and Friday 9.30am-10am

### Alveston Gardens Association

**Monday 3rd July**

Richard Harvey on Gardens of Madeira

**7.30pm in Alveston Jubilee Hall**

All welcome - Visitors (£3)

## HANDYMAN SERVICES

### Specialist in Property Maintenance:

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**Graham Pedley GL12 8LQ**

**01454 260372**

**07891 482286**

**[clenet02@yahoo.co.uk](mailto:clenet02@yahoo.co.uk)**

## Your magazine: How to send copy or adverts for inclusion in '5 Alive':

### NEWS COPY:

#### Where?

- News items should be sent to Kay Rea, The Bungalow, Moorslade, Falfield, GL12 8DJ Tel. 01454 260364 Email: [kay.rea@btinternet.com](mailto:kay.rea@btinternet.com)

#### When?

- Copy date is **strictly before midnight on the 19th of each month** (but the earlier we receive material the better).

#### In what form?

- Please submit all copy by e-mail (attachments should be in **Word or Publisher** format, **not** PDF). (We reserve the right of the editor to edit, and you may find that small changes are made for the sake of space etc)
- If you want to submit an advertising poster or similar, black and white is preferable as it reproduces more clearly.
- **Charities wishing to publicise events should quote their charity number.**

### ADVERTISING:

- **The deadline for inclusion of advertising in 5 Alive is the 12th of the month preceding publication.**
- Enquiries about advertising should be directed to Kay Rea, The Bungalow, Moorslade, Falfield, Nr Wotton-under-Edge, Glos, GL12 8DJ. Tel. 01454 260364 Email: [kay.rea@btinternet.com](mailto:kay.rea@btinternet.com)

### With effect from April 2023, charges per issue are as follows:

	Business Rates	Rates for businesses within the 5 parishes
Full page:	£60	£42
Half page:	£30	£21
Quarter page:	£19	£16
*Eighth of page:	£12	£10

**There is a 10% discount for advertisers paying for a year's advertising in advance and 5% for those paying for 6 months' advertising in advance**

Payment may be made by BACS. Cheques should be made out to '**Benefice Newsletter**' and sent to Kay Rea (as above).



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